

Elf 5k & ¼ Mile Fun Run

Date: Saturday, December 19, 2015

Place: Mt. Mourne Volunteer Fire Department
1577 Mecklenburg Hwy
Mooresville, NC 28115

Time: Fun Run @ 8:45 am; 5k @ 9:00 am

5k Course: Race starts in front of the fire station, crosses Hwy 115 to Langtree Rd. Turn left on Transco Rd. Runners will circle a cone on Transco Rd, run back to the fire station & finish behind the building. ** Race course subject to change depending on road construction.

Fun Run Course: Around fire station property.

Entry Fees: 5k: \$20.00 received by 12/10/15
\$25.00 after 12/10/15
Fun Run: \$10.00 received by 12/10/15
\$15.00 after 12/10/15

5k Awards: Top 3 overall male and female and top 3 male and female in each age group. No double awards.

Age Groups: 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, and 75 and over.

Fun Run participants will receive a award.

Aid Station: Water will be available at the “turn around” on Transco Road.

Refreshments: Provided for participants after the race.

T-Shirts: First 200 entrants guaranteed a race t-shirt.

Entry forms may be mailed to:

Mt. Mourne VFD
Attn: Elf 5k
PO Box 32
Mt. Mourne, NC 28123

Or, dropped off Monday thru Friday from 8 am to 5 pm at:

Mt. Mourne VFD
1577 Mecklenburg Hwy
Mooresville, NC 28115

Please make checks payable to:
Mt. Mourne Volunteer Fire Dept.

All proceeds go to Mt. Mourne Volunteer Fire Department.

Race will be held rain or shine.

Please call 704-807-2900 and leave a message if you have any questions.

www.mmvfd.com

Last Name: _____

First Name: _____

Age: _____ Sex: _____ Birthdate: _____

T-Shirt Size: (circle) Adult: S M L XL
Child: S M L

Event: (circle) 5k Fun Run

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

E-mail: _____

Emergency Contact: _____

Emg Contact Phone: _____

Waiver: “I know that running or walking a road race is a potentially hazardous activity. I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with running or walking in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and everyone entitled to act on my behalf, waive and release Mt. Mourne Volunteer Fire Department, the race owner and all sponsors and their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.”

Signature: _____

Guardian’s Signature: _____
(if participant is under 18)